

# New therapies in the treatment of renal cell carcinoma

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### Abstract

Metastatic renal cell carcinoma (mRCC) is a disease historically resistant to systemic cancer therapies. For several decades, the biological agents interferon and interleukin were the only available options, but they were fairly toxic and had low efficacy. However, the past several years have witnessed the introduction of novel effective therapies that have radically changed the treatment of metastatic and recurrent RCC. We review the already approved novel agents and discuss therapies in late-stage clinical trials.

## Introduction

Metastatic renal cell carcinoma (mRCC) is a disease historically resistant to standard therapy. For several decades, the prognosis of mRCC has remained poor. The only effective treatments have been nephrectomy for patients with resectable tumor and cytokine therapy. However, some advances have recently been made in the understanding of the molecular biology of RCC that have allowed the identification of various pathways and novel targeted therapies that can impede the growth of RCC.

## Epidemiology

RCC accounts for approximately 3% of all malignancies and is the third most common urological cancer after prostate and bladder cancers. According to the Surveillance Epidemiology and End Results (SEER) data, the incidence of RCC has increased over the past 3 decades (1). This phenomenon may in part be

explained by the increasing detection of presymptomatic tumors, by the extensive use of abdominal imaging methods, such as ultrasonography, computerized tomography and magnetic resonance, leading to an earlier diagnosis and probably better prognosis (2). Approximately 25-40% of clinically diagnosed RCCs are found incidentally and 25-30% of the patients have metastatic disease at initial presentation. The median age at diagnosis is 65 years (1). In developed nations, the average age-adjusted incidence of RCC is approximately 12/100,000 men and 5/100,000 women (3, 4). The American Cancer Society estimated that 38,890 individuals (24,650 men and 14,240 women) would be diagnosed and 12,840 would die of cancer of the kidney and renal pelvis in 2006 (1). The 5-year survival for localized, regionally advanced and metastatic disease is 90%, 61% and only 10%, respectively (5, 6).

## Clinicopathological presentation

RCC typically has multiple symptoms at presentation. Small, localized tumors rarely produce symptoms, and for this reason, the diagnosis is often delayed until after the disease is advanced. The most common presentations are hematuria (50-60%), abdominal pain (40%) and palpable abdominal mass (30-40%). These three symptoms occur as the classic triad in only 10% of patients, however. Other patients may have nonspecific signs and symptoms, such as fever, malaise, night sweats and weight loss (7). Due to the rarity of warning signs, approximately 30% of patients present with metastatic disease at the time of diagnosis (8), although in some series this percentage has been as high as 65% (9). RCCs have been classified histologically as clear cell carcinoma (75-85%), chromophilic (12-14%), chromophobic (4-6%), oncocytic (2-4%) and collecting duct tumors (1%) (7).

## Therapeutic options

### Role of surgery

The primary treatment of RCC consists of radical nephrectomy, and in selected cases partial nephrectomy. In cases of metastatic disease, a nephrectomy can be considered for symptomatic relief of pain, hematuria or

paraneoplastic syndromes such as hypercalcemia (10). Recent randomized studies have shown a survival advantage for patients with good performance status and limited disease burden treated with cytoreductive nephrectomy prior to interferon alfa (IFN- $\alpha$ ) compared to those treated immediately with IFN- $\alpha$  without nephrectomy (11-13). Similar results have been obtained in nonrandomized studies using IL-2 (14). The question of whether nephrectomy performed after a response to immunotherapy will be of similar benefit to that performed prior to immunotherapy remains to be addressed (15). Furthermore, resection of metastases in carefully selected patients, particularly those with solitary metastases, can provide a survival benefit (9, 16).

#### *Role of radiotherapy*

RCC has historically been considered a radioresistant tumor using conventional radiotherapy and this treatment has mainly been used for the palliation of pain. However, a recent prospective phase II trial using extracranial stereotactic radiotherapy for patients with primary and metastatic RCC resulted in a high local control rate with generally low toxicity. The authors concluded that the method could be considered a therapeutic alternative to surgery in patients with a limited number of metastases, as local treatment or as a method for reducing tumor burden prior to medical treatment (17). However, phase III clinical trials are needed to corroborate these findings.

#### *Role of radiofrequency ablation*

Radiofrequency ablation, a procedure that involves percutaneous image-guided ablation with a needle applicator that deposits energy, has been successful in treating selected patients who are poor surgical candidates due to significant morbidities. The data have shown promising short-term results, but long-term survival and disease-free survival data are needed (18, 19).

#### *Role of chemotherapy*

RCC is a chemotherapy-resistant tumor that exhibits only a marginal response rate to cytotoxic agents, and no clear survival benefit for chemotherapy over cytokine therapy has yet been demonstrated (6). Therefore, chemotherapy has a limited role in RCC (20).

Evidence from a dated phase II trial of gemcitabine (Gemzar®) indicated that response rates were quite low (21). Researchers from Italy recently conducted a small clinical trial evaluating the combination of gemcitabine, IFN- $\alpha$  and aldesleukin (Proleukin®) in 16 patients with mRCC. Continued therapy with IFN- $\alpha$  and aldesleukin was given to patients who responded to or were stabilized by treatment. One patient achieved a complete disappearance of detectable cancer (complete remission, CR) and 3 patients (28%) achieved at least a 50% reduction in their cancer (partial remission, PR). In addition, 7 patients had their cancer stabilized by treatment. The

average time to progression was approximately 14 months and the average survival was approximately 20 months. Treatment was generally well tolerated. The researchers concluded that although this was a small clinical trial, it appears that the addition of gemcitabine to IFN- $\alpha$  and aldesleukin may enhance the anticancer activity in mRCC (22). Future clinical trials involving larger numbers of patients and directly comparing the addition of gemcitabine to IFN- $\alpha$  and aldesleukin compared to IFN- $\alpha$  and aldesleukin alone are warranted.

#### *Cytokine therapy*

RCC evokes an immune response, which occasionally results in spontaneous and significant remissions. In an attempt to reproduce or accentuate this response, research over the past two decades has focused on two cytokines that have consistently shown antitumor activity in RCC: IFN- $\alpha$  and IL-2 (23).

##### *1. IFN- $\alpha$*

Recent studies have suggested that IFN- $\alpha$ , despite having limited antitumor activity, may produce a modest impact on survival. IFN- $\alpha$  administered as a single agent in mRCC provides a response rate of between 8% and 26%, with a complete response rate of 2-7% (10, 24-29). The interval between the start of treatment and the occurrence of a clinical response is around 1-3 months (10). The median duration of response in CR/PR patients ranges from 10 to 16 months, but rare cases of long-lasting remission have been described (10, 29). Median overall survival ranges from 13 to 25 months (29-32). In the case of an objective response or disease stabilization, treatment is usually continued for a year (10), although treatment for up to 2 years seems to be beneficial and may improve the outcome (29). The most frequent side effects are flu-like symptoms such as fever, chills, headache and myalgias, and acetaminophen is usually given at the start of therapy to ameliorate these symptoms. Less frequent side effects include neutropenia, depression, neurotoxicity, elevated liver enzymes and thyroid dysfunction (10). Most adverse effects, especially the flu-like symptoms, tend to diminish over time during long-term therapy. Although no clear dose-response relationship exists, doses in the 5-10 MU/m<sup>2</sup> range appear to have the highest therapeutic index (23). A recent study suggested that the use of low-dose IFN- $\alpha$  given twice daily yields similar response rates but less toxicity compared with daily intermediate-dose IFN- $\alpha$  (30). Combinations of IFN- $\alpha$  with 13-*cis*-retinoic acid (32) and with several chemotherapeutic agents, such as vinblastine, epirubicin (33, 34), cyclophosphamide (35, 36), ifosfamide, vindesine (37) and floxuridine (38, 39), have shown no additional benefit. Overall, IFN- $\alpha$  provides a modest survival benefit compared to placebo and other commonly used treatments, and should be considered for the controlled arm of futures studies of systemic therapies (6, 31, 40).

## 2. IL-2

Rosenberg *et al.* reported in 1985 the first study of the administration of IL-2 showing an objective response in metastatic cancer (41). Since then, several studies have reported a response rate in RCC ranging from 7% to 26% (28, 42-51), a median survival ranging from 10 to 20 months (45-48, 50) and a 5-year survival rate of approximately 8% (47). A 10-year follow-up study of 255 patients treated with high-dose recombinant human IL-2 showed that patients who achieved a CR that lasted more than 30 months and those with PR resected to "no evidence of disease" after a response to high-dose IL-2 were unlikely to progress and may actually be cured (23, 52). Inpatient high-dose bolus administration of IL-2 was approved by the Food and Drug Administration (FDA) in 1992 for the treatment of patients with stage IV RCC (23). Although inpatient high-dose bolus IL-2 produces a favorable outcome, it is also associated with significant toxicities that affect essentially every organ system. Patients uniformly develop fever, chills and malaise, as well as vascular leak syndrome characterized by weight gain, oliguria, tachycardia and hypotension. Cardiopulmonary (arrhythmias, ischemic injury, lymphocytic myocarditis), hematological (anemia, leukopenia and thrombocytopenia), gastrointestinal (nausea, vomiting, diarrhea, mucositis) and dermatological toxicities (erythema, pruritus and generalized erythroderma) are frequently seen (53-55). The toxic effects of IL-2 are more pronounced than those of IFN- $\alpha$ , are largely dependent on the dose and schedule used, and are generally reversible with discontinuation of therapy (50). Several phase II studies have demonstrated that administering lower doses of IL-2 by i.v. bolus or continuous i.v. infusion or s.c. with or without IFN- $\alpha$  produces overall response rates similar to those with high-dose IL-2 therapy, but responses appeared to be less durable than those seen with high-dose regimens (51, 54, 55). The Cytokine Working Group performed a prospective randomized phase III trial to determine the value of outpatient IL-2 and IFN- $\alpha$  relative to high-dose IL-2 in patients with mRCC (56). The study showed a significantly higher response rate in the high-dose i.v. IL-2 group (23.2%) *versus* the s.c. IL-2 and IFN- $\alpha$  group (9.9%). For patients with bone or liver metastasis ( $p = 0.002$ ) or primary tumors ( $p = 0.54$ ), survival was superior in the high-dose IL-2 arm, whereas no significant survival differences between the two arms were noted for patients who had undergone prior nephrectomy or who had no bone or liver metastasis. Another three-arm randomized phase III trial comparing high-dose i.v. IL-2 *versus* low-dose i.v. or s.c. IL-2 also showed higher response rates in the high-dose group, but there were no overall survival differences. However, the toxicity was significantly less in the low-dose subgroup. Response durability and survival in patients with CR was superior in the high-dose i.v. IL-2 compared with the low-dose i.v. group (57). These data raise the question of efficacy *versus* toxicity.

Recent efforts have focused on the identification of factors predictive of response to IL-2 therapy so that this treatment could be limited to those most likely to benefit.

A study that evaluated the correlation between histopathological features of RCC and the response rates to IL-2 showed a response rate for patients with clear cell (especially in the presence of alveolar features and the absence of papillary and granular features) of 21% *versus* 6% for patients with variant- or indeterminate-type RCC ( $p = 0.20$ ). The study suggested that patients with non-clear cell RCC or clear cell RCC with papillary, no alveolar and/or more than 50% granular features respond poorly to IL-2 and should be considered for alternative treatments (58). Recently, carbonic anhydrase IX (CAIX) has been identified as a molecular marker that is predictive of response to IL-2 therapy (59, 60). Investigation of other tumor-related predictors of IL-2 responsiveness is warranted.

## The von Hippel-Lindau (VHL) tumor suppressor gene

VHL syndrome is an autosomal dominant disorder associated with increased susceptibility to vascular tumors, including hemangioblastoma of the retina and central nervous system (CNS) and clear cell renal carcinoma. The VHL gene is mutated in 50-60% of sporadic clear cell renal carcinoma cases (61-64). VHL mutations are not found in association with other subtypes of renal cancer, such as papillary, chromophobic and collecting duct carcinomas and the essentially benign oncocytomas (65, 66). An inactivated VHL gene inherited from either parent causes VHL disease. The development of tumors in VHL disease is linked to loss of the remaining normal VHL allele in a susceptible cell, thereby eliminating the VHL gene product (pVHL) (67).

It was recently discovered that pVHL is an important regulator of hypoxia-inducible factor (HIF). Downregulation of HIF appears to be both necessary and sufficient for renal tumor suppression by pVHL (68, 69). When oxygen is available, pVHL binds HIF- $\alpha$ , signaling the destruction of HIF- $\alpha$ . Hypoxic cells or cells lacking pVHL accumulate high levels of HIF, which activates the transcription of a variety of genes, including vascular endothelial growth factor (VEGF), platelet-derived growth factor- $\beta$  (PDGF- $\beta$ ), basic fibroblast growth factor (bFGF), transforming growth factor- $\alpha$  (TGF- $\alpha$ ) and erythropoietin (68-70). These growth factors play an important role in angiogenesis and therefore in tumor progression, and in paraneoplastic symptoms. They function in a paracrine loop by binding to specific receptors present on the surface of endothelial cells and vascular pericytes. Binding of these receptors results in stimulation of receptor tyrosine kinases, eventually leading to cell proliferation and angiogenesis. The overproduction of erythropoietin accounts for the association of paraneoplastic erythrocytosis that occurs in patients with kidney cancer (68). Overexpression of TGF- $\alpha$  and its receptor EGFR (epidermal growth factor receptor) has been observed in numerous RCC tumors and cell lines. TGF- $\alpha$ , which is a strong mitogen for tumor cells, has been demonstrated to support RCC cell growth through an autocrine loop (71, 72).

In addition, RCC expresses high levels of PDGF (73), which is important for the survival of pericytes, promoting tumor growth and angiogenesis (67). Although not all patients with RCC have VHL mutations, nearly all patients with RCCs of the clear cell subtype demonstrate overexpression of VEGF, which has been used to explain the increased vascularity of RCC (74, 75). This also suggests that alternative pathways independent of VHL can promote VEGF expression and are likely to be involved in the oncogenesis of RCC. Since RCC is a highly vascularized tumor and angiogenesis plays a crucial role in the growth of cancer cells, inhibition of the above-mentioned growth factors has been pursued in recent years as a therapeutic strategy in RCC. In several studies, the potential of this approach is emerging, as discussed below.

### Antiangiogenic drugs

#### 1. Thalidomide and analogues

Thalidomide is an agent with complex antiangiogenic and immunomodulatory properties. It has been demonstrated to reduce mRNA and protein expression of bFGF and VEGF, with resulting inhibitory effects on endothelial cell proliferation (76-79). In addition, thalidomide has multiple other mechanisms resulting in antitumor effects, including reduction in tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) production from macrophages (80-84) and induction of G1 cell cycle arrest and apoptosis (85). Several small studies of thalidomide as a single agent in RCC have reported no CRs, PRs ranging from 0% to 17% and stable disease in 17-64% of patients (86-92). Progression-free survival was not reported. In these studies, thalidomide was generally started at a low dose of 100-200 mg/day and escalated to higher doses until toxicity was observed. Grade 3 or higher toxicity included neuropathy (4-30%), thromboembolic events (3-23%), sedation (3-23%), fatigue (3-15%) and constipation (4-9%).

Thalidomide has also been investigated in combination with standard cytokine therapy and chemotherapy. A phase II trial studying the combination of thalidomide and IFN- $\alpha$  showed no CRs, a PR rate of 22% and stable disease in 63% of patients for 3 months or longer. The median time to treatment failure was 7.7 months and median survival time was 14.9 months (93). In a similar small trial in 30 patients, there were no CRs, 2 patients had a PR (6.7%), 8 had stable disease (26.7%) and 11 (including 1 patient with an initial PR) had disease progression (36.7%). The median survival was 68 weeks (94).

A recent study by Sella *et al.* showed more promising results. A PR was achieved in 21.4% of patients and 50% had stable disease, with an overall nonprogression rate of 71.4%. Mean overall survival was 17.4 months (95). However, another phase II study showed no response to treatment (96) and was terminated early due to unacceptable neurotoxic side effects that included seizures, neuropathy and stroke-like symptoms (97). A randomized phase III trial of low-dose interferon alone *versus* combination with escalating doses of thalidomide that enrolled

353 patients showed no overall survival advantage for the addition of thalidomide to interferon, although progression-free survival was statistically significantly longer in the interferon plus thalidomide arm. Quality of life was worse in the patients being treated with the combination due to fatigue, myelosuppression and thrombotic events (98).

The combination of thalidomide with IL-2 has also been explored. Results of various phase I/II studies have shown an overall response rate of 0-6% (99-101). However, 52% of patients in a phase I/II study by Amato *et al.* experienced disease control: 8% had CRs, 29% PRs and 15% stable disease. In the same study, disease progression was observed in 24 patients (47%). Survival in the two phases ranged from 4 weeks to 45.2+ months (102). The reason for the discrepancy between this study and previous studies is unclear.

Investigators have also examined the combination of thalidomide with chemotherapeutic agents in patients with mRCC. The addition of thalidomide to 5-fluorouracil (5-FU) and gemcitabine in a phase II study including 21 patients showed an overall response rate of 10%, with no CRs and an increased incidence of venous thromboembolic events. The authors concluded that this three-drug regimen did not improve the objective response rate previously observed with gemcitabine and 5-FU alone and added significant vascular toxicity (103).

Lenalidomide (Revlimid®) is a structural and functional analogue of thalidomide that has demonstrated enhanced immunomodulatory properties and a more favorable toxicity profile. An open-label phase II study of lenalidomide in patients with mRCC that included 28 patients showed a durable PR rate of 11%. Further studies will be required to assess the overall activity of lenalidomide in patients with mRCC (104).

Researchers from the Cleveland Clinic recently conducted a clinical trial evaluating lenalidomide in the treatment of mRCC in 28 patients. More than half of the patients had received prior systemic (full body) therapy, 40% had received prior irradiation and 43% had received no therapy besides surgery. Three patients achieved a partial disappearance of their cancer that persisted for over 15 months; 39% of patients had stabilization of their cancer for at least 3 months. Median overall survival had not yet been reached at 13.5 months of follow-up. Major side effects included fatigue, skin problems and low levels of immune cells. The authors concluded that lenalidomide appears promising for the treatment of mRCC (104). Future clinical trials will help evaluate the true efficacy of lenalidomide in mRCC.

#### 2. Neovastat (AE-941)

Neovastat is a natural occurring antiangiogenic compound prepared by homogenization and purification of shark cartilage. Neovastat is orally bioavailable and shows significant antitumor and antimetastatic properties in animal models (105). In addition to its ability to induce endothelial cell apoptosis (106) and inhibit matrix metalloproteinase activities (107), Neovastat has been found to inhibit several VEGF-dependent processes, including

endothelial cell migration, vasculogenesis and vascular permeability, through competitive binding with VEGFR-2 (105, 108).

A phase II trial of Neovastat showed a 9% overall response rate (109). However, this drug failed to provide any survival benefit compared to placebo in a large international phase III trial conducted in 302 patients with mRCC refractory to first-line immunotherapy (110).

### 3. Bevacizumab (Avastin®)

Bevacizumab is a recombinant human monoclonal antibody against all isoforms of VEGF (111). Phase I studies of bevacizumab in patients with advanced malignancies have shown no treatment-related grade 3 or 4 adverse events (112, 113). A subsequent randomized, double-blind phase II trial in patients with metastatic renal cancer compared bevacizumab with placebo (114). A total of 116 patients were randomly assigned to receive placebo, low-dose (3 mg/kg) bevacizumab or high-dose (10 mg/kg) bevacizumab given intravenously every 2 weeks. All patients had histologically confirmed clear cell-type renal cancer and either had received previous therapy with IL-2 or had a contraindication for its use. The primary endpoint was time to progression (TTP) of disease. Only 4 patients (10%) had objective responses, all of which were PRs and all in the high-dose bevacizumab arm. There was a significant prolongation of the TTP of disease in the high-dose group (4.8 months) as compared with the placebo group (2.4 months), and a small difference, of borderline significance, between the TTP of disease in the low-dose group compared with the placebo group. The study was stopped early in view of the observed significant differences in TTP. There were no significant differences in overall survival among groups, which was attributed to the crossover design. There were no life-threatening toxic effects or deaths attributable to bevacizumab. Hypertension and asymptomatic proteinuria without renal insufficiency were the most frequent side effects. All toxicities were reversible upon cessation of therapy (114). Patients with disease progression in the placebo group were eligible to enter a separate pilot study in which they received low-dose bevacizumab alone or low-dose bevacizumab plus escalating doses of thalidomide to the maximum tolerated dose by the patient. There were no objective responses and no differences in progression-free survival between groups (2.4 months for bevacizumab alone vs. 3.0 months for bevacizumab plus thalidomide;  $p = 0.63$ ) (115).

Based on the results of the above study, a randomized, multicenter phase III trial comparing IFN- $\alpha$  alone to the combination of bevacizumab plus IFN- $\alpha$  in previously untreated patients with mRCC was conducted by the Cancer and Leukemia Group B 90206 (116). Patients with metastatic clear cell RCC who had not received any prior systemic therapy of any kind were eligible. Patients were randomized to receive low-dose IFN- $\alpha$  (9 MU 3 times weekly) plus placebo or the same dose and schedule of IFN- $\alpha$  plus bevacizumab 10 mg/kg i.v. every 2 weeks. The study was originally designed to measure an improve-

ment in overall survival. However, in prior consultation with the FDA, the primary analysis endpoint was revised to assess improvement in progression-free survival (117). The study enrolled 649 patients with first-line mRCC. Interim analysis showed that bevacizumab in combination with IFN- $\alpha$  in patients with first-line mRCC met the primary analysis endpoint by significantly improving progression-free survival compared to IFN- $\alpha$  therapy alone. In addition, the early analysis indicated a trend toward improvement in overall survival in the combination arm (117). Final results of the study have yet to be published.

According to updated results from a phase II clinical trial presented at the 23rd Annual Chemotherapy Foundation Symposium, treatment with the combination of erlotinib (Tarceva®) and bevacizumab resulted in good survival among patients with mRCC (118).

Current guidelines recommend bevacizumab as an option for crossover therapy of RCC after first-line therapy with IL-2, sorafenib or sunitinib (40).

### 4. VEGF Trap<sub>R1R2</sub>

VEGF Trap<sub>R1R2</sub> (aflibercept) is a fusion protein engineered by combining the VEGFR-1 immunoglobulin domain 2 and the VEGFR-2 immunoglobulin domain 3 fused to the Fc portion of human IgG<sub>1</sub>. This entirely human molecule, which binds VEGF 100-1,000-fold more tightly than monoclonal antibodies, has been shown to inhibit the growth and vascularity of a variety of subcutaneously (s.c.) implanted tumor cells in mouse models (119).

A phase I trial of VEGF Trap was conducted in patients with relapsed or refractory solid tumors. Patients received a single s.c. dose of VEGF Trap, followed 4 weeks later by 6 weekly doses. No objective responses were observed, but 14 of 24 evaluable patients, including 5 of 6 treated at the highest dose level, maintained stable disease for at least 10 weeks and entered the extension study. Drug-related grade 3 adverse events included hypertension, proteinuria and afebrile neutropenia (120). Further studies investigating the effects of this drug in patients with mRCC are needed.

### 5. Sunitinib and sorafenib

Sunitinib (SU-11248, Sutent®) is an oral multitargeted receptor tyrosine kinase inhibitor of VEGF and PDGF (121). Two phase I trials of sunitinib in patients with malignancies not amenable to conventional therapy showed PRs in several cancers, including RCC. From these studies, a dose of 50 mg daily for 4 weeks followed by 2 weeks off was recommended for phase II investigation. Overall, the agent was well tolerated, with grade 3 or 4 fatigue/asthenia and hypertension being the dose-limiting side effects, which were reversible upon discontinuation of therapy (122, 123). A subsequent open-label phase II trial that included 63 cytokine-refractory mRCC patients showed that 40% of patients had a PR and 27% had stable disease lasting at least 3 months. Median time to progression was 8.7 months and median overall survival was 16.4 months. In this trial, sunitinib was generally well tolerated, with a compliance rate during the first 6 months of

treatment of at least 95%. Grade 2 or 3 fatigue was the most common dose-limiting adverse event (38%). Other grade 2 or 3 side effects included diarrhea (24%), nausea (19%) and stomatitis (19%). A rarer complication included erythema of the palms and soles of the feet (8%) (124).

A larger, multicenter phase II follow-up trial included 106 patients with mRCC who had disease progression despite cytokine therapy. According to the investigator assessment, 45 (43%) patients achieved a PR and 1 (1%) patient achieved a CR, for an overall response rate of 44%. An additional 23 patients (22%) had stable disease for at least 3 months. The median duration of response was 10 months and the median progression-free survival was 8.1 months. An independent third-party assessment concluded that 36 patients had a PR (34%) and that the median progression-free survival was 8.3 months. The most common adverse events experienced by patients were fatigue (28%) and diarrhea (20%). The most common laboratory abnormalities were neutropenia (42%), elevation of lipase (28%) and anemia (26%) (125).

Preliminary results from an open-label, multicenter phase II study of an alternative regimen of sunitinib administered continuously at a daily dose of 37.5 mg to 88 patients showed some tumor shrinkage in the majority of patients evaluated at 4 weeks, with 3 initial PRs. The most commonly reported adverse events were mucositis, fatigue, hair/skin discoloration and hand-foot syndrome. Sunitinib was generally well tolerated, with only a few patients requiring treatment breaks and/or dose reduction (126).

An international, randomized phase III trial comparing sunitinib (administered in 6-week cycles of 50 mg daily for 4 weeks, then 2 weeks off) with IFN- $\alpha$  (9 MU s.c. 3 times weekly) as first-line treatment in 750 patients with clear cell mRCC showed that the median progression-free survival was significantly longer in the sunitinib group (11 months) than in the IFN- $\alpha$  group (5 months). Sunitinib was also associated with a higher objective response rate than IFN- $\alpha$  (31% vs. 6%;  $p < 0.001$ ). The proportion of patients with grade 3 or 4 treatment-related fatigue was significantly higher in the group treated with IFN- $\alpha$ , whereas diarrhea was more frequent in the sunitinib group. Patients in the sunitinib group reported a significantly better quality of life than did patients in the IFN- $\alpha$  group (127). The results of this study demonstrated a significant improvement in progression-free survival and objective response rate for sunitinib over IFN- $\alpha$ , and based on these results, sunitinib is standard therapy for the first-line treatment of mRCC.

Sorafenib is a Raf kinase inhibitor and a VEGF receptor tyrosine kinase inhibitor. The evidence supporting sorafenib (Nexavar<sup>®</sup>) is similar and was published at the same time as that for sunitinib (128).

#### 6. Temsirolimus

Temsirolimus (Torisel<sup>™</sup>) is a mammalian target of rapamycin (mTOR) inhibitor. It resulted in improved overall survival in a phase III study in RCC (129).

Temsirolimus is not yet available, but is currently awaiting approval following filing of an NDA in October 2006.

#### 7. In the pipeline

Several other biologicals are being investigated for the treatment of RCC, including lapatinib (Tykerb<sup>®</sup>), erlotinib (Tarceva<sup>®</sup>), gefitinib (Iressa<sup>®</sup>), semaxanib, axitinib, vatalanib (PTK-787/ZK-222584) and atrasentan (Xinlay<sup>™</sup>). Immunotherapy approaches under investigation include dendritic cells, allogeneic stem cell transplantation and monoclonal antibodies targeting G250 (Rencarex<sup>®</sup>), IL-6, TNF- $\alpha$  (infliximab, Remicade<sup>®</sup>) and heat shock protein (HSP).

#### Conclusions

The past several years have witnessed the emergence of a variety of different agents for the treatment of RCC. Some have already been approved by regulatory bodies in the U.S.A. and Europe, while others are still under investigation. We look forward to continuous advancement in the available options for treating RCC in the coming years.

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